

Lorie's Quinoa Salad

The Dressing:

1-2 cloves garlic
Grated and minced zest of 2 limes
2-3 tbl. of fresh lime juice
2 tbl. minced shallot
1/4 tsp. dry mustard
1/3 cup of olive oil
2 tbl. chopped cilantro

Mince the garlic, then combine it with the lime zest, lime juice, and shallot. Whisk in the mustard and oil. Let stand for at least 15 minutes. Add the cilantro just before using.

The Guts:

1 1/3 cups raw quinoa
6 dried apricots, finely chopped
3 tbl. golden raisins
2 tbl. currants
1/4 cup pine nuts
2 tbl. chopped cilantro

The Directions:

- Cook the quinoa. Let cool.
- Toast the pine nuts.
- Add the remaining ingredients, then toss with the dressing.